



Classical Martial Arts Centre (CMAC Hasu & Sakura Dojo)

Karate Intermediate/Advanced Schedule - Effective Sept 6, 2011

KARATE-DO & JIU JITSU ADULTS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Evening Classes							
Green	7:15-8:30 S	7:45-9:00 H 6:10-7:10 M	6:15-7:30 H 6:00-7:00 M	7:15-8:30 H	7:00-8:30 S		
Blue	7:15-8:30 S	7:45-9:15 H 6:10-7:10 M	6:15-7:45 H 6:00-7:00 M	7:15-8:45 H	7:00-8:45 S		
Brown & Mudansha		7:45-9:15 H	6:15-7:45 H	7:15-9:00 H			
	7:15-8:45 S				7:00-9:00 S		
Black	7:30-9:30 H		7:30-9:30 H				
Afternoon Classes							
Green		1:00-2:30 H		11:15-12:30 S	1:00-2:30 H	1:30-2:30 H	
Blue, Brown		1:00-2:30 H		11:15-12:30 S	1:00-2:30 H	1:30-2:30 H	
Mudansha and Black		1:00-3:00 H		11:15-12:30 S	2:00-4:00 H	1:30-3:00 H	

PLEASE ARRIVE AT LEAST TEN (10) MINUTES BEFORE CLASS.

