



## Classical Martial Arts Centre

(CMAC Hasu & Sakura Dojo)

Tai Chi Schedule - Effective Sept 6, 2011

TAI CHI CHUAN, BA GUA CHANG & CHI GUNG	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Beginner	12:00-1:00 H 8:45-9:45 S	6:15-7:15 H		12:00-1:00 H 8:30-9:30 S	6:15-7:15 H	9:30-10:30 S	10:30-11:30 H
Intermediate	12:00-1:30 H 8:45-10:00 S	6:15-7:30 H		12:00-1:30 H 8:30-9:45 S	6:15-7:30 H	9:30-10:45 S	10:30-11:45 H
Advanced	8:45-10:15 S	6:15-7:45 H		1:15-2:45 H 8:30-10:00 S	6:15-7:45 H	10:30 -11:15 S	10:30-12:00 H

**PLEASE ARRIVE AT LEAST TEN (10) MINUTES BEFORE CLASS.**

