



Classical Martial Arts Centre
(CMAC Sakura Dojo)

Children & Youth Schedule - Effective Sept 11, 2011

KARATE-DO & JIU-JITSU CHILDREN & YOUTH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3 & 4	4:30-5:00		4:30-5:00			11:30-12:00	
5-7	5:00-5:45		5:00-5:45			12:00-12:45	
5-7	6:00-6:45		6:00-6:45				
8-12 White - Yellow		5:00-6:00		5:00-6:00		12:45-1:45	
8-12 Yellow/Orange & Up		6:00-7:00		6:00-7:00			
13-16 White - Orange		7:00-8:00		7:00-8:00		1:45-2:45	
13-16 Orange/Green & Up		7:00-8:15		7:00-8:15		1:45-3:00	

PLEASE ARRIVE AT LEAST TEN (10) MINUTES BEFORE CLASS.

